



THE PRIMACY OF THE CLINICAL CASE

CLINICAL CASES IN THE TREATMENT OF EATING DISORDERS

**5th International Conference
on Eating Disorders**

NOVEMBER 22-23 2024

MAST. Via Speranza, 42 - Bologna

Fondazione Gruber is organizing the 5th edition of the International Conference on Eating Disorders (EDs), aimed at professionals involved in the psychonutritional rehabilitation of severe patients with eating disorders and psychiatric co-morbidities.

This event aims to contribute to the creation of a space for sharing and in-depth reflection on therapeutic practices and the evolution of treatment pathways for patients with eating disorders (ED).

Through the presentation and discussion of a large number of cases - both national and international, and of historical and clinical relevance - the two days of study will highlight the clinical-therapeutic complexities and the importance of a specialised and personalised approach to the rehabilitation of ED patients, especially in the light of the significant increase in diagnoses and the lowering of age of onset of the disease.

The primacy of the clinical case will be explored through a scientific discussion among authoritative national and international professionals involved in the multidisciplinary context of the Care Network for ED patients.



Fondazione Gruber



**Gruber
Foundation
Eating
Disorder
International
Conference**

FACULTY

Friday, November 22

DONATELLA BALLARDINI

Specialist in Pediatrics and Nutrition Science; Medical Director of the Gruber Center, Bologna

GIUSEPPE CRAPARO

Psychologist, Psychoanalyst, Full Professor of Clinical Psychology and Coordinator of the Master Degree Program in Clinical Psychology at the "Kore" University in Enna

VITTORIO LINGIARDI

Psychiatrist and Psychoanalyst, Full Professor of Dynamic Psychology, Sapienza University in Rome; Senior Research Fellow at the Sapienza School for Advanced Studies and President of the SPR-IAG (Society for Psychotherapy Research – Italian Area Group)

ERIKA MINAZZI

Psychoanalyst, teacher at the Advanced School for Community and Integrated Psychotherapy (SPIC); President of Jonas Varese

LAURA MUZI

Researcher in Clinical Psychology at the Department of Philosophy, Social Human and Educational Sciences, University of Perugia

MASSIMO RECALCATI

Psychoanalyst, founder of Jonas, Center for Clinical Psychoanalysis for New Symptoms; Scientific Consultant and Supervisor for the Gruber Residence, Bologna

MICHELE A. RUGO

Psychiatrist and Psychoanalyst; Medical Director of the Gruber Residence, Bologna

ROMANA SCHUMANN

Psychologist and Psychotherapist; Coordinator and supervisor of the Psychotherapeutic Department of the Gruber Center, Bologna

UMBERTA TELFENER

Psychologist and Psychotherapist, teacher at the Milan Center for Family Therapy; President of the European Family Therapy Association

NICOLÒ TERMINIO

Psychoanalyst, PhD, teacher at the Research Institute for Applied Psychoanalysis, Milan

ELENA TOMBA

Psychologist and Psychotherapist, Associate Professor of Clinical Psychology, University of Bologna

PROGRAM

Friday, November 22

10:00-10:15 Andrea Longanesi, Direttore Generale AUSL Bologna
WELCOME BY THE AUTHORITIES

10:15-10:45 Michele A. Rugo
THE PRIMACY OF THE CLINICAL CASE – Introduction to the Conference

Session 1

HISTORICAL CLINICAL CASES

10:45 - 11:15 Giuseppe Craparo
THE TRAUMATIC ORIGINS OF ANOREXIA NERVOSA: NADIA'S CASE BY PIERRE JANET

11:15 - 11:45 Umberta Telfener
MARA SELVINI PALAZZOLI'S CASE: FROM PSYCHOTIC GAMES IN THE FAMILY TO THE COMPLEXITY OF EATING DISORDERS

11:45 - 12:05 Erika Minazzi
THE RECOGNITION OF THE OTHER: DELPHINE'S CASE BY BERNARD BRUSSET

12:05 - 12:35 Massimo Recalcati
ELLEN WEST'S CASE BY LUDWIG BINSWANGER

12:35 - 13:00 DISCUSSION
Chair: Michele A. Rugo

13:00 - 14:30 Quick Lunch

Session 2

THE NAMES BEHIND THE NUMBERS

14:30 - 15:00 Nicolò Terminio
WRITING A CLINICAL CASE REPORT

15:00 - 15:40 Donatella Ballardini, Romana Schumann
THE EVOLUTION OF CLINICAL CASES IN THE LAST DECADES

15:40 - 16:20 Vittorio Lingiardi, Laura Muzi
INDIVIDUAL YET PLURAL: CLINICAL CASES AND EMPIRICAL RESEARCH

16:20 - 16:50 Elena Tomba
NETWORK ANALYSIS IN THE ONSET AND DEVELOPMENT OF EATING DISORDERS

16:50 - 17:30 DISCUSSION
Chair: Donatella Ballardini

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FACULTY

Saturday, November 23

DONATELLA BALLARDINI

Specialist in Pediatrics and Nutrition Science; Medical Director of the Gruber Center, Bologna

NANCY MCWILLIAMS

Psychologist and Psychoanalyst; Professor at Rutgers' Graduate School of Applied and Professional Psychology, the State University of New Jersey

ANTONIA PARMEGGIANI

Child neuropsychiatrist, Associate Professor of Child Neuropsychiatry, University of Bologna

MASSIMO RECALCATI

Psychoanalyst, founder of Jonas, Center for Clinical Psychoanalysis for New Symptoms; Scientific Consultant and Supervisor for the Gruber Residence, Bologna

MICHELE A. RUGO

Psychiatrist and Psychoanalyst; Medical Director of the Gruber Residence, Bologna

ROMANA SCHUMANN

Psychologist and Psychotherapist; Coordinator and supervisor of the Psychotherapeutic Department of the Gruber Center, Bologna

ALESSIA URGESE

Psychologist; Clinical Coordinator of the Gruber Residence, Bologna

RAFFAELA VANZETTA

Pedagogist and Psychotherapist; Coordinator of the INFES, Expert Center for Eating Disorders, Bolzano

PROGRAM

Saturday, November 23

Session 3

WHEN TREATMENT ENDS

- 9:15 - 9:30 Umberto Nizzoli, Presidente European Chapter AED
WELCOME BY THE AUTHORITIES
- 9:30 - 10:20 Nancy McWilliams
EATING DISORDERS AND PERSONALITY ORGANIZATION: FROM NORMAL CONCERNS TO PSYCHOTIC PREOCCUPATIONS
- 10:20 - 10:40 Antonia Parmeggiani
RISKS OF THE THERAPEUTIC EXPERIENCE IN DEVELOPMENTAL AGE: A CLINICAL CASE
- 10:40 - 11:00 Alessia Urgese
THERAPEUTIC SUCCESSES AND FAILURES
- 11:00 - 11:20 Raffaella Vanzetta
PREVENTION PROJECTS IN EATING DISORDERS
- 11:20 - 11:50 Massimo Recalcati
DIFFERENT WAYS OF ENDING TREATMENT
- 11:50 - 12:30 DISCUSSION
Chair: Romana Schumann
- 12:30 - 12:45 Donatella Ballardini, Michele A. Rugo
CONCLUSIONS AND END OF THE CONFERENCE

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FONDAZIONE GRUBER

Who we are

FONDAZIONE GRUBER NPO

La [Fondazione Gruber](#) is a private non-profit organization operating in the field of nutrition and treatment of eating disorders (EDs) in their various manifestations. Its founding partner is the Fondazione Isabella Seràgnoli that heads a group of foundations working in the fields of healthcare and cultural events. Fondazione Gruber manages healthcare facilities offering both outpatient and residential services and providing specialist care in terms of diagnosis, treatment and psycho-nutritional rehabilitation. The Foundation provides day and residential services through the Residenza Gruber, while outpatient activities are managed by the Centro Gruber. The Foundation collaborates with the National Health Service through a public care network connected to the Mental Health Centers in the Emilia-Romagna region and the rest of Italy.

RESIDENZA GRUBER

The [Gruber Residence](#) is accredited with the Italian National Health Service. It delivers psycho-nutritional rehabilitation to patients needing specialized care for eating disorders.

The therapeutic approach focuses on identifying the most effective treatment for the individual patients. As a result, it is not bound by rigid, ready-made care regimens. It is instead developed as a customized program of treatments and activities. The efficacy of the therapeutic model is ensured by the collaboration of a multidisciplinary team made up of psychiatrists, psychologists, nutritionists, dieticians, nurses, educators and nursing assistants. The facility can accommodate up to twenty people in a residential setting and an additional eight in a daytime program. Patients are welcomed in a homely and serene atmosphere, where even the aesthetics of the available spaces serve a therapeutic function.

CENTRO GRUBER

The [Gruber Center](#), also accredited with the Italian National Health Service, is a clinic operating in the field of clinical nutrition and nutritional rehabilitation, providing a program of treatment and specialized medical-nutritional advice with a high-quality personalized clinical care model. Care is provided by a multidisciplinary, multi-professional team specializing in nutritional and psychological treatment. This ensures that every patient follows a personalized therapeutic program in line with their specific needs and characteristics.

ACCADEMIA DELLE SCIENZE DELLA NUTRIZIONE – ASNU

Through the [Academy of Nutritional Sciences \(ASNU\)](#), Fondazione Gruber promotes the study, dissemination, research and training of professionals involved in the care of patients suffering from eating disorders or with conditions broadly associated with nutrition. ASNU's activities aim to contribute to the constant improvement of the quality of care, fostering the acquisition of clinical and care skills by members of multidisciplinary teams engaged in the psycho-nutritional rehabilitation of patients.

CME ACCREDITATION

SCIENTIFIC DIRECTORS

Donatella Ballardini, Direttore Medico Centro Gruber, Bologna
Michele Angelo Rugo, Direttore Medico Residenza Gruber, Bologna

CME CREDITS

CME PROVIDER: I&C Srl no. 5387
EVENT ID: 429119
CME credits: 2,7
Hours of training: 9

RECIPIENTS OF THE TRAINING

Physicians (all branches), psychologists (all branches), biologists, medical assistants, dieticians, educators, physiotherapists, nurses, pediatric nurses, psychiatric rehabilitation assistants, neurophysiopathology assistant, neuropsychomotor therapists of the developmental age, occupational therapist.
Only participants belonging to the indicated professional profiles will be entitled to training credits.

TYPE OF TRAINING

Residential.

TRAINING OBJECTIVES

3- Clinical documentation. Diagnostic and rehabilitation clinical care pathways; care and treatment profiles. Area of process learning objectives.

REQUIRED ATTENDANCE AND LEARNING TEST

Participation in the course does not involve a specific learning test that attendees must pass. In order to obtain CME credits, it is mandatory for attendees to:

- participate in 90% of the training activities;
- fill in the CME documentation that is available online (personal data form, residential training event feedback form, I&C questionnaire – quality and training requirements). Instructions on the availability of the documentation will be given during the conference.

Attendance recording upon entry and exit is done electronically using readers of barcodes on badges. The absence of even one of the required time stamps will result in the inability to award credits.





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5th International Conference
on Eating Disorders

GENERAL INFORMATION

CONFERENCE VENUE

MAST. AUDITORIUM Via Speranza 42, Bologna

SCIENTIFIC COMMITTEE

Donatella Ballardini, Massimo Recalcati, Michele Angelo Rugo, Romana Schumann

REGISTRATION

Registration is free. Attendees can register through this [link](#), or by accessing www.iec_srl.it in the EVENTS (EVENTI) section and clicking on the selected event and then on REGISTRATION (ISCRIZIONE).

The capacity of the Auditorium is 440 seats.

CERTIFICATE OF ATTENDANCE

The organizing secretariat will send participants a link to download the certificate, specific to each day of participation, at the end of the attendance verification operations.

SIMULTANEOUS INTERPRETING

A simultaneous translation service from Italian into English will be provided for both days. Presentations by international speakers will be translated from English into Italian.

CME PROVIDER AND ORGANIZING SECRETARIAT



I&C Srl

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I&C s.r.l. is responsible for the content, quality and ethical standard of this CME activity.

UNDER THE PATRONAGE OF:



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA



FORUM
PRÄVENTION
PREVENZIONE



AED Europe



Regione Emilia-Romagna



SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Unità Sanitaria Locale di Bologna

Istituto delle Scienze Neurologiche
Istituto di Ricovero e Cura a Carattere Scientifico

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ANORESSIE
BULIMIE
OBESITÀ

Società Italiana per lo Studio dei Disturbi del Comportamento Alimentare